

Dr. Beth Erickson Fast Facts

Fast Facts

- After graduating from Gustavus Adolphus College, began career as a high school English and American Studies teacher.
- Ph.D. at the U of MN in 1976 where she studied how to deliberately generate adult psychological development.
- Was told at final oral examination for her Ph.D. that she had advanced the state of the art in her field by 10 years.
- Worked as William Glasser, M.D.'s first Field Associate training teachers and school leaders. Trained and spoke in 36 cities in the US and Canada.
- Completed 2 years' postdoctoral training in marriage and family therapy at the Family Institute of Chicago, part of Northwestern University's Graduate School.
- Private practice in Minneapolis, Chicago, Santa Fe, and Albuquerque since 1981.
- Have taught graduate level courses and seminars for family therapists.
- Clinical specialties are marital therapy, loss, gender, and cultural sensitivity.
- Have consulted by telephone with people around the world who struggle with marital therapy, loss, gender, and cultural sensitivity.
- Have written 3 books
 - Marriage Isn't For Sissies: 7 Simple Keys To Unlocking The Best Part Of Your Life
 - Longing for Dad: Father Loss and Its Impact
 - Helping Men Change: The Role of the Female Therapist
- Fourth book, Remarriage Isn't for Sissies: Lessons from Remarriage Masters, is in the works.
- Step-grandmother to 5 grandchildren and one great grandchild.